

SCRIPTURE FOR CULTIVATING GRATITUDE

I invite you to sit in a quiet place where you can read and meditate on the following scriptures. You might consider downloading the guidelines for Lectio Divina from our website to use in conjunction with these bible verses.

I will offer to you a thanksgiving sacrifice and call on the name of the Lord. **Psalm 116:17**

Be filled with the Spirit, as you sing psalms and hymns and spiritual songs among yourselves, singing and making melody to the Lord in your hearts, giving thanks to God the Father at all times and for everything in the name of our Lord Jesus Christ.

Ephesians 5:18-20

Rejoice always, pray without ceasing, give thanks in all circumstances; for this is the will of God in Christ Jesus for you. **1**

Thessalonians 5:16-18

And let the peace of Christ rule in your hearts, to which indeed you were called in the one body. And be thankful. **Colossians 3:15**

All verses New Revised Standard Version (NRSV)

